



PATH OF THE SEXUAL SHAMAN

An Intensive Training
in
Shamanic Transformation

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CONCEPTUAL FRAMEWORK

This paper is to give you a general sense of what we will be doing in the Path of the Sexual Shaman training in Shamanic Transformation.

Generally, I use a shamanic framework for the concepts below because the language in contemporary shamanism has the best fit for understanding what I am calling Shamanic Transformation. Tibetan Buddhism, Western sexual Tantra, shamanism, Western metaphysics, and nature have influenced the content of this training. It, however, is neither an adaptation nor a synthesis of these other traditions. Rather, the "Path of the Sexual Shaman" training and "Shamanic Transformation" are my own creative process.

On the surface, this training appears at times more like a meditation retreat than a training program. The primary teachings come via transmission and your experience in the energetic ceremonies. Also, since the training is of an oral tradition style, there are no handouts. You are welcome, however, to take as many notes as you wish.

The main focus of our time and activity is in actually doing transforming ceremonies. The following concepts are a cognitive framework for understanding what we are doing in the ceremonies.

I. The Main Concepts

• The 4 Worlds (or "types of incarnations")

- Plant
- Animal
- Crystal
- Human

An essential part of developing the structure and abilities to do Shamanic Transformation is learning to energetically interact with all life forms. Our emphasis in the training is with humans, but we also do energetic merging ceremonies with different plants, animals, and crystals.

• The 4 Qualities of Life Forms' Energy

- Physical
- Symbolic (mental)
- Attractional (emotional)
- Etheric (spiritual)

All the energy of alive plants, animals, crystals, and humans consists of the four Qualities in varying proportions in the different parts of the Being's Bodies. Balancing the four Qualities and freeing up the flow of the energy through these four Qualities is an essential part of the Shamanic Transformation approach.

• The 4 Elements of Elemental Incarnated Energy

- Earth
- Wind (air)
- Water
- Fire

The most basic, primordial form of energy in the Incarnated Dimension consists of these four elements. They are individually named as such because of how we see them expressed as form. The fire of a camp fire, for example, consists of all four elements but predominately of the fire element. The water of a pond consists primarily of the water element, and so on.

To develop our transformational structures and abilities, we need huge quantities of this primordial form of energy. We receive very little of this form from food, sunlight, the water we drink, and the air we breathe. The two main ways we obtain this primordial energy form are via orgasm (all energetic varieties, not just sexual orgasm) and via shamanic intending. Energetic orgasms and shamanic intending are at the core of our ceremonies in this training.

• Our 4 Bodies that can intend shamanically and have energetic orgasms

- Physical Body
- Spirit Body
- Light Body
- Soul Body

Each human is made up of ten integrated "Bodies." Four of them have the potential of intending shamanically and also of having nonsexual "energetic orgasms" in addition to what we call "sexual orgasms." (There is no explicit physical sex in this training.)

II. What We Will Be Developing

We will be involved in a powerful energetic dance to develop the structure of our energetic anatomy and several types of abilities that can be incorporated into the current forms of your professional practice and classes.

• Ability to access other Dimensions

- to be One with any alive Being(s) with whom one is interacting
- to be One with Source (God/Source/Goddess)
- to be One with all Beings in all dimensions (also termed Oneness)
- to be One with all energies of all dimensions
- to be One with All-That-Is (also termed the state of At-One-Ment). This is all of the four ways above combined into one and is the optimum state in which to do ceremony.

• Ability to Function Through All 3 Dimensions

- Incarnated Dimension
- Essence Dimension
- The Void, or Source Dimension

A shaman is one who has the ability to function through all three of these "dimensions" via conscious intent.

• Ability to Manifest

"To manifest" means to bring into existence via intent

- from the Source Dimension into the Essence Dimension
- from the Source Dimension into the Essence Dimension into the Incarnated Dimension
- from the Source Dimension into the Incarnated Dimension

• Energetic Anatomy

The structure of a human "Being" consists of 10 "Bodies" in this incarnation and the "spirits" of its soul's previous incarnations, including its plant, animal, and crystal lives. The ceremonies we will be doing are about bringing all of these "structures" into a fully developed, coordinated, integrated, and unified Being.

III. What We Use to Develop These Energetic Structures and Abilities

• The 4 Transformers

- Physical Body radiating
- Spirit Body expanding
- Light Body extending
- Soul Body resonating

We will focus considerably on developing these four Bodies' abilities literally to function beyond the usual "boundaries" of our energy field. The four "transformers" are not visualizations, imagination practices, or "journeying." Functioning as unseen, subtle-energy "hands," the radiating-expanding-extending-resonating structures enable us to enhance and alter physical existence.

We can use them for ourselves or others to clear restrictive energy flows, to balance and intensify our energies, to initiate and activate subtle-energy abilities, and much more of what we call healing and transformation.